What a Concept!

A WORKSHOP ON
Healing and Growing
Healthy Relationships through the
Three Legacies of Al-Anon Recovery:
12 steps • 12 Traditions • 12 Concepts

District 5
Al-Anon Workshop

May 10, 2025 • 10 AM to 3 PM

Bethlehem Lutheran Church,
1300 St. Francis Road, Santa Rosa

This is a **FREE EVENT**. The Seventh Tradition Basket will be passed

Three, 4-person panels will individually share for 10 minutes each on ***How have the Steps*** (or ***Traditions*** or ***Concepts***) ***helped me in my recovery with all my relationships, including myself.***

- Please bring your own bagged lunch. Soft drinks, coffee & tea provided along with packaged cookies & chips. Homemade cookies welcome!
- During the lunch break, there will be craft supplies to collage the cover of your complimentary journal/notebook, along with letter beads for bracelet making. We will supply small, typed up slogans & collage papers. Glue sticks provided.

Come join in and help with this one-time service opportunity!
Contact Ronni: events@sonapal-anon.org